



## Omega

- **Omega is an enteric coated Omega-3 fatty acid supplement to support cholesterol levels within normal ranges without a fishy after taste.\***

- **Omega Supports:**

- Cell membrane structure\*
- Healthy hair and skin\*
- Hormone balance within normal ranges\*
- Proper cardiovascular, nerve, neurological and immune system functions\*
- Maintenance of triglyceride levels within normal ranges\*
- Maintenance of cholesterol levels within normal ranges\*
- Normal platelet aggregation\*

- **Omega is from fish that are wild caught. The oil is molecularly distilled and assayed for heavy metals."**

- The omega-3 fatty acids are important to health, especially for the heart, brain and cell membranes of the body.\*

- The omega-3 fatty acids, Eicosapentaenoic Acid (EPA) and Docosahexaenoic Acid (DHA), are precursors to the PGE3 series of prostaglandins, which are substances important to proper body regulation.\*

- Populations such as the Eskimo and Japanese who consume an oily fish diet rich in natural marine lipids show a strikingly low incidence of heart disease, in spite of their high fat consumption.\*

- It is an easy-to-swallow enteric coated softgel that contains EPA and DHA.\*

### Supplement Facts

#### Serving Size 1 Softgel

#### Servings Per Container:

Calories	10
Total Fat	1 g
Cholesterol	5 mg
Vitamin E (as d-alpha Tocopherol)	3.4 mg
Fish Oil Concentrate	1,000 mg
Yielding: Eicosapentaenoic Acid (EPA)	300 mg
Docosahexaenoic Acid (DHA)	200 mg

Other ingredients: gelatin, glycerin, water, pharmaceutical glaze, sodium alginate, sunflower lecithin, medium chain triglycerides, stearic acid.

**Contains: Fish Oil (anchovy & sardines).**

**Warning:** If pregnant or nursing, consult your healthcare practitioner before taking this product.

**Suggested Use:** As a dietary supplement, take 1 softgel, twice daily, with a meal, or as directed by your healthcare practitioner.

### Manufactured in a cGMP compliant facility and distributed by

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02RV368.090

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.